



THE NOURISHED  
GODDESS



# Memoria Viva Women's Retreat

In a world that has pulled us from our innate rhythms, this retreat invites us to remember the memory carried in our blood and wombs. It is a return to balance that honors the ancient wisdom of our bodies, cycles, and relationship with the earth.

**April 24th-26th | TBD, Illinois**

## What You'll Experience:

- 2 Night/ 3 Day Stay
- Fresh and Organic Meals
- Traditional Cacao Ceremony
- Andean Medicine Ceremony
- Slow Flow Yoga
- Food as Medicine Workshop
- Menstrual Cycle Awareness
- And Much More!

humming  
boon



**More Info**



**Only 10 spots  
available!**



More info: [stacey@thenourishedgoddess.com](mailto:stacey@thenourishedgoddess.com)





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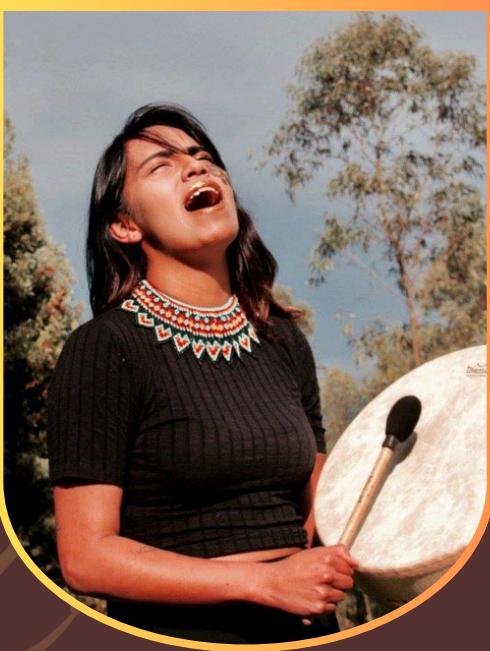
Stacey M Constante



Claudia G Meija Morales

# Facilitators

Nicole Camacho Quinde Timare



Julia Berry



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