



# CÓDIGOS ANCESTRALES

## Women's Healing Retreat

In the midst of modern chaos, your body remembers. Your blood remembers.

Códigos Ancestrales is an initiation into the living memory of women, awakening womb wisdom, ancestral intelligence, and a power that was never lost, only buried beneath the noise.

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**May 15th-17th | Bay Area, CA**

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### WHAT YOU'LL EXPERIENCE:

- 2 Night/ 3 Day Stay
- Fresh and Organic Meals
- Traditional Cacao Ceremony
- Andean Medicine Ceremony
- Food as Medicine Workshop
- Menstrual Cycle Awareness
- And Much More!



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**RESERVE**

**YOUR SPOT**

[THENOURISHEDGODDESS.COM](http://THENOURISHEDGODDESS.COM)

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# Facilitators



Stacey M. Constante



Alexis Navat

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