



THE NOURISHED
GODDESS

June 12th-14th
Elburn, Illinois

Forgotten Medicine

Mother's Healing Retreat

In a world that asks mothers to shrink, silence themselves, and carry everything alone, choosing to mother with consciousness, tenderness, and truth is resistance. We invite you to a gathering devoted to reclaiming the forgotten medicine of motherhood, honoring the maternal lineage, and remembering that to nurture, protect, and create life is a radical and sacred act. We gather to remember that our bodies mirror the Earth, that motherhood holds the blueprint of humanity, and that rising in awareness is our sacred responsibility..



What's Included:

- 3 Day/2 Night Stay
- Andean Medicine Ceremony
- Cacao Circle
- Creating Sanctuary Workshop
- Floral Baths
- Birth Trauma Ceremony
- Food As Medicine Workshop
- Menstrual Cycle Awareness
- Integration/Sharing Group Circle
- Fresh & Nourishing Meals
- And Much More!



BOOK NOW: thenourishedgoddess.com | stacey@thenourishedgoddess.com

FACILITATORS



Stacey M Constante



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Collaboration with:

- DAUGHTERS OF THE EARTH
- HOLISTIC FAMILY DOULAS
- EARTH & SKY HOLISTIC HEALING



Wayra Huanca



Libby Deutsch



Shelli Villagomez



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