

June 12<sup>th</sup>, 2026

Kankakee, Illinois

# Andean Medicine Ceremony

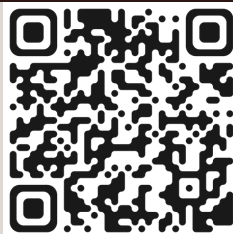
## Planting Seeds of Consciousness

We come together in collective intention, carried by an ancient medicine from the heart of the Andes in South America. In a world of distraction and chaos, we create a sacred space to release what no longer serves us and open ourselves to what is ready to be seen. Together we will plant seeds of consciousness with clarity and understanding, remembering our deep relationship to the Earth, to Spirit, and to one another. All are welcome who come with an open heart and pure intention.



### What's Included:

- Preparation Session
- Andean Cactus Medicine Ceremony
- Nourishing Chicken soup & Herbal tea post-ceremony
- Integration session



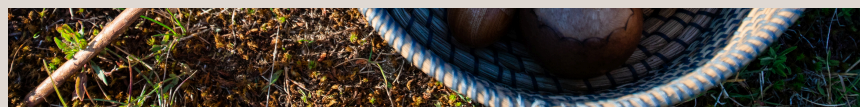
**\$150-\$250 Donation, No one is turned away due to insufficient funds.**



CAMINANDO CONSCIENTE



THE NOURISHED  
GODDESS



RESERVE YOUR SPOT: (630) 656-3774



THE NOURISHED  
GODDESS

# STACEY M. CONSTANTE

Stacey, first generation Ecuadorian born in the U.S. As the founder of "**The Nourished Goddess**" & "**Camindando Consciente**", she merges ancient wisdom and modern medicine to guide women in restoring their health and vitality while re-connecting with their menstrual cycles. She creates a safe and nurturing space where others can rediscover their own healing abilities.

Stacey is a Registered Nurse, Clinical Nutritionist, Holistic Hormone Specialist, Mother, & Menstrual Cycle Educator.



After a decade of working in the medical field, she became aware of the limitations of conventional medicine. Her personal healing journey led her to a decade of working alongside wisdom keepers. Rooted in her Andean lineage and Fuego Sagrado de Itzachilatlan tradition, she serves as a guardian of a sacred medicine in South America, Aguacoya and she is also a Moon Pipe carrier. She carries a lineage of healing through her grandmothers, traditional herbalists who worked with plants, food, and the elements as medicine.

She is involved in many projects for wisdom keepers to share their ancestral medicine while supporting land conservation and the preservation of ancient traditions. She also serves as the health specialist for "**Seven Retreats**" in Peru, working alongside elders and teachers.



# WAYRA HUANCA

Wayra is a visionary artist, singer/song writer, Waldorf teacher, certified holistic ceremonial facilitator, shamanic practitioner and musician with years of experience leading voice-opening, sacred song classes, women's circles, spiritual workshops and traditional ceremonies.

She preserves and carries the ancestral crafts of weaving and beadwork.

She is a Spanish teacher at Mountain Song School in Colorado, where she protects and guides the mind, body and spirit of the children through a Waldorf education.

Born and raised in South America, by her mestiza Quechua-Muisca family in Colombia and Peru. Wayra has studied the ancestral healing practices and traditional sacred arts of her lineage, and different traditions around the world for almost 10 years. Founder of **Daughters of the Earth** and Co-Founder of **Qénte**. Her soul devotion is guiding others to reconnect with the sacredness that lives inside of us, through traditional rituals. The awakening of the Sacred Feminine is one of her every day prayers.

